OLDER DRIVER SAFETY

Driving is a connection to our independence. For many older adults, the greatest fear is losing their ability to drive a vehicle. This one-hour presentation provides guidance on maintaining your independence to continue driving and also educates older drivers, family members, healthcare providers, and law enforcement officials on laws, medical issues, and safety concerns. Increasing age is not an indicator that you have to stop driving, but a time for assessing and making adjustments. This class can be delivered online via videoconference.

LEARN WHAT YOU NEED TO KNOW FOR:
- Maintaining your independence through safe driving
- Identifying possible safety issues
- Understanding advancing age impairments
- Taking a self-assessment of your driver skills
- Knowing the process of a formal driving assessment
- Deciding when it is time to give up or take away the keys

This class is sponsored by a grant from the Oklahoma Highway Safety Office.

Stillwater Public Library, Room 202
1107 S. Duck St.
Stillwater, OK 74075

Tuesday, August 6
12:00 p.m. - 1:00 p.m

HOW TO SIGN UP

To register please contact the Central OHAI Center of Healthy Aging at (405) 271-6424 or email: CentralOHAI@ouhsc.edu.

Pre-registration is required to guarantee your copy of presentation materials. Walk-in guests will be accepted as space allows.

Central OHAI
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